



Kentucky

<http://bmt.ky.gov/Pages/default.aspx>

Contact Information

Kentucky Board of Licensure for Massage Therapy
911 Leawood Drive
Frankfort, KY 40601
502-564-3296, ext. 239 (Telephone)
502-564-4818 (Fax)

Board Administrator:
Jessica A. Parker
P.O. Box 1360
Frankfort, KY 40602
Office: 502-782-8808
Fax: 502-696-5230
Email: JessicaA.Parker@ky.gov

The definition of massage is broad. Structural Integration is not named specifically in the Definition or Exemption. Movement therapies are exempt. Although not exempted by name, Rolf Movement® may be exempt, as the Feldenkrais Method® and the Trager® Approach are.

Definition

<http://bmt.ky.gov/Laws%20and%20Regulations/Laws%20and%20Regulations%20Booklet.pdf>
309.350 Definitions for KRS 309.350 to 309.364.

(7) "Practice of massage therapy" means the application, by a massage therapist licensed by the board, of a system of structured touch, pressure, movement, and holding to the soft tissues of the human body with the intent to enhance or restore the health and well-being of the client. The practice includes the external application of water, heat, cold, lubricants, salt scrubs, or other topical preparations; use of electromechanical devices that mimic or enhance the actions of the hands; and determination of whether massage therapy is appropriate or contraindicated, or whether referral to another health care practitioner is appropriate; and

309.352 Scope of KRS 309.350 to 309.364.

KRS 309.350 to 309.364 shall not preclude:

(5) Persons who use procedures within the scope of practice of their profession, which has established standards and ethics, provided that their services use touch, words, and directed movement to deepen awareness of existing patterns of movement in the body as well as to suggest new possibilities of movement while engaged, but who are not

designated or implied to administer massage or to be massage therapists. These practices include, but are not limited to, the Feldenkrais Method and the Trager Approach;

Board Meeting Dates

<http://bmt.ky.gov/Pages/boardinformation.aspx>

Unless otherwise noted, all board meetings are held at the Office of Occupations and Professions, 911 Leawood Dr., Frankfort, Ky., at 10 a.m. ET. Complaint committee meetings begin at 9 a.m. Individuals wishing to speak at the board meeting must submit a written request to the board office at P.O. Box 1360, Frankfort, KY 40602 no later than five business days prior to the meeting in order to be placed on the agenda.

Meeting Minutes

<http://bmt.ky.gov/Pages/meetingminutes.aspx>