

Comprehensive Reading and Web Based Resources

Certification Exam for Structural IntegrationSM

<p>The Suggested Books*** in this list are comprehensive resources. Each book discusses at least four of the five total testing categories.</p>	<p>Smith, John. (2005). <i>Structural Bodywork</i>.</p> <p>Sise, Betsy. (2005). <i>The Rolfing Experience - Integration in the Gravity Field</i>.</p> <p>Rolf, Ida. (1989). <i>Rolfing- Reestablishing the Natural Alignment and Structural Integration of the Human Body for Vitality and Well Being (3rd ed.)</i>.</p> <p>Maupin, Edward. (2005). <i>A Dynamic Relation to Gravity: Volume 1 & 2</i>.*</p> <p>Heller, Joseph, Hanson, Jan. <i>The Hellerwork Client Handbook</i>**</p>
<p>Suggested Articles*** IASI Yearbook 2004, 2005, 2006, 2007, 2008, 2009.</p>	<p>Schumaker, Kirstin. Editor, <u>International Association of Structural Integration Yearbook</u>. Each category in the Study Guide includes suggested articles for that topic.</p>
<p>Additional Reference Resources</p> <p>Internet Based Resources</p> <p>These are additional resources for finding specific books and articles you might wish to supplement your study on specific subjects or categories.</p>	<p>The <u>Ida P. Rolf Library at rolfinglibrary.com.br</u>. This is Pedro Prados extensive listing of published articles on Structural Integration. This is an invaluable resource that lets you not only search by author, title, date or theme but by any word or phrase. You can browse the articles and download most by subscribing to the site, which is free and open to anyone.</p> <p><u>Somatics.de</u> – Robert Schleip’s large web site of articles on Structural Integration. Some are listed below in the articles list but there are many, many more on his web site. All articles are readable and downloadable.</p> <p><u>InsideSI.com</u> – Michael Kastris’ multi-faceted and large web site of interviews with Structural Integration practitioners and links to other resources on SI.</p> <p>The web sites of the different SI training programs all have essays on their approach and on SI in general. Most of these also have resource lists. Links to these web sites are available through: <u>www.theiasi.org</u>.</p>

*Dynamic Relation to Gravity http://www.edmaupin.com/Dynamic_Relation_to_Gravity.html

**Hellerwork Client Handbook is available at: <http://www.hellerwork.com/archives/000787.html>

***Books and IASI Yearbooks are available <http://www.theiasi.org/marketplace.php?page=multimedia>