

Certification Board for Structural IntegrationSM

Recertification Policy

Last Revised January 9th, 2020 by the CBSISM Board of Directors

Purpose of Recertification

The purpose of recertification is to ensure BCSIs^{CM} are maintaining competence in practice as they progress through their professional life. In keeping with the diversity of our profession and the creative people within it, many activities count towards recertification requirements.

Recertification Application Timing

All BCSIs recertify between August 1 and October 31 of odd-numbered years. Those who recertified in 2019 will recertify next in 2021. Those who are currently due to recertify in 2020 will recertify in 2021. Those who are currently due to recertify in 2022 will recertify in 2023.

Recertification Requirements

CBSI recognizes two categories of classes and activities as Continuing Education (CE) hours: SI-Specific, and Elective. Each recertification application must document a total of at least 24 CE hours. At least 12 of these 24 CE hours must be SI-Specific. The remainder of the required 24 CE hours can be Elective CE hours. The CE hours must have been completed after the applicant's previous recertification, or after initial certification if it is the applicant's first recertification. Advanced SI training CE hours are an exception, and can be allocated over two consecutive recertification cycles. The application for recertification must be completed online at the CBSI website. The \$100 application fee supports maintenance of the Certification Examination for Structural IntegrationSM (CESISM), as well as the operation and quality assurance of the entire BCSI certification program. A BCSI who does not meet recertification requirements on time will not have the right to use or display the BCSI certificate mark until the CESI has been retaken with a passing score. The CESI cannot be passed for recertification for more than two consecutive recertification cycles without specific approval from CBSI.

Audit of Applications

Documentation of CE hours must be kept for three years. CBSI will randomly select ten percent of all applications for audit in November, after the recertification window, and will ask the selected applicants for documentation. Failure to provide sufficient documentation may result in suspension of BCSI certification.

SI-Specific CE Hours

CBSI recognizes SI-Specific CE hours from the providers, classes, and activities listed below. In-person and online formats are both acceptable. Documentation of CE hours must be retained for three years, but submission of documentation is not required unless requested by CBSI. Please contact CBSI about any ambiguous classes.

IASI Recognized CE Classes, and classes sponsored by IASI or IASI Recognized Programs

Up to 8 SI-Specific CE hours per day for each hour spent in class.

Documentation: Classes must be taken for credit, and signed documentation showing instructor name, class name, student name, date of class, and class hours must be provided to the student. Evidence of IASI Recognition, or sponsorship by the IASI Recognized Program, must be on the document.

Classes about fascia and traditional SI techniques

Up to 8 SI-Specific CE hours per day for each hour spent in class. Dissection classes that take an SI and fascial perspective are one example of this category.

Documentation: Classes must be taken for credit, and signed documentation showing instructor name, class name, student name, date of class, and class hours must be provided to the student.

Advanced training through an IASI Recognized Program

Up to 8 SI-Specific CE hours per day for each hour spent in class. These CE hours can be allocated over two consecutive recertification cycles.

Documentation: Classes must be taken for credit, and signed documentation showing instructor name, class name, student name, date of class, and class hours must be provided to the student. Evidence of sponsorship by the IASI-recognized school must be on the document.

Mentoring (one mentor and one mentee)

One mentoring hour = one SI-Specific CE hour for the mentor and one SI-specific CE hour for the mentee.

Mentor requirements: current BCSI and five years of full-time SI practice with at least 300 sessions per year.

Documentation: Clearly organized Mentoring Form completed and signed by mentor and mentee.

Teaching or assisting in an IASI Recognized Program, or an IASI Recognized CE Class

One hour instruction time = one SI-Specific CE hour.

Documentation: written explanation on recertification application, including class name, date of class, and class hours.

Presentation at SI symposiums or conferences

One hour of presentation = two SI-specific CE hours.

Documentation: copy of Presenter Agreement.

SI study group

One hour of group meeting time = one SI-specific CE hour.

Documentation: copy of CBSI Study Group form signed by all group members.

SI publications

Published book: twenty-four SI-Specific CE hours.

Peer-reviewed or professional journal article: eight SI-Specific CE hours.

Group publication in peer-reviewed journal: four SI-Specific CE hours for each author.

Newspaper or online magazine article: two SI-Specific CE hours.

Personal blog articles do not count for CE hours.

Documentation: for publication, a copy of the article; for book, a copy of the title page.

IASI or CBSI volunteer work

One hour of volunteer time = one-half ($\frac{1}{2}$) SI-Specific CE hour.

A maximum of twelve CE hours from this category are allowed on the application.

Documentation: letter or certificate from an IASI or CBSI committee chair that verifies hours worked.

Elective CE Hours

CBSI recognizes Elective CE hours from many providers and activities. In-person and online formats are both acceptable. Documentation of CE hours must be retained for three years, but submission of documentation is not required unless requested by CBSI. Manual therapy classes that support increased competence in SI practice can be counted as Elective CE hours, up to 8 per day for each hour spent in class. Classes must be taken for credit, and documentation showing instructor name, class name, student name, date of class, and class hours must be provided to students. Up to four hours of ethics classes can be counted as Elective CE hours. Elective CE classes must be designed for professionals, not the general public. Classes that are specifically oriented towards massage practice (Swedish/deep tissue, Thai massage, Reiki, energy work, etc.) can not be counted as Elective CE hours. Neuromuscular and orthopedic classes that emphasize assessment and treatment might be accepted, on a case-by-case basis; if you are unsure whether or not a class qualifies for Elective CE hours, please check with CBSI before registering. Some options for elective CE hours include, but are not limited to, classes offered by:

- Dermoneuromodulation (DNM) - <http://www.dermoneuromodulation.com>
- International Alliance of Healthcare Educators (Barral, Upledger, etc.) - <https://www.iahe.com>
- International Spine and Pain Institute - <https://www.ispinstitute.com>
- Medbridge Education - <https://www.medbridgeeducation.com>
- Neurodynamic Solutions - <https://www.neurodynamicsolutions.com>

Training or continuing education geared toward somatic education professionals can be counted as Elective CE hours, up to 8 per day for each hour spent in class. These classes must be designed for somatic education professionals, not the general public. Some options include, but are not limited to, classes offered by:

- American Society for the Alexander Technique - <https://www.amsatonline.org>
- Body Mind Centering - <https://www.bodymindcentering.com>
- Continuum Movement - <https://continuummovement.com>
- Feldenkrais Guild of North America - <https://www.feldenkraisguild.com>
- Hanna Somatics - <https://hannasomatics.com>
- Yoga Alliance - <https://www.yogaalliance.org>

Individual Consideration for Extenuating Circumstances

CBSI recognizes that extenuating circumstances may adversely affect a practitioner's ability to meet recertification requirements. CBSI will review written requests for deadline extension and consideration of alternative CE hours on a case-by-case basis. An additional fee of 25 USD is required for consideration.

Extenuating circumstances include, but are not limited to:

- unforeseen personal or family medical or other issues that make completion of requirements within the current cycle impossible.
- inability to access approved CE hours within the current cycle.

Any BCSI may receive individual consideration as long as the following criteria are met:

- CBSI must be notified by email a minimum of 30 days before the deadline for the certification cycle by the practitioner requesting either a deadline extension or an alternative determination of CE hours.
- The letter must include a description of the extenuating circumstances and reason(s) for the request.
- A complete record of all CE hours earned within the current certification cycle must be submitted with the request.
- When extra time is requested, a specific plan for completion of the requirements must be provided.
- To be considered, the record of alternative courses or experiences must detail the dates, hours, instructors (along with their credentials), and course descriptions.
- The explanation must describe how the courses or experiences directly relate to the practice of Structural Integration, and how the time investment is relevant to the practitioner's own professional development plan.

Two or more members of the CBSI Board will review each request and communicate a final determination to the requesting practitioner. If an exception and/or extension is granted, a new certificate will be issued when all requirements are met and fees are paid. When extra time is allotted for completion of requirements, CE hours obtained during that period will only be applied to the retroactive certification period and not toward the current cycle, unless hours earned exceed those required for the extension.

If CBSI denies the request, CBSI will communicate in writing to the practitioner, including an explanation for the denial. Adverse determinations may be appealed by writing to the entire CBSI Board of Directors. The decision of the CBSI Board is final and absolute.

Examples

1) Since his last recertification, Kevin has taken an SI-Specific Pelvic Algorithm class, a Barral Institute Visceral Manipulation class, and he has volunteered on a CBSI committee. On his recertification application he is able to list 13 SI-Specific CE hours for the Pelvic Algorithm class, 13 elective CE hours for the Barral class, and 4 SI-Specific CE hours for his volunteer time. His total is 30 CE hours and he has met the 12 SI-Specific CE hour minimum.

2) Since her last recertification, Lynn has taken an online ethics class and an Upledger Craniosacral class. She also participated in an online study group. She has 4 Elective CE hours from the ethics class, 13 Elective CE hours from the Craniosacral class, and 8 SI-Specific CE hours from the online study group. She has 25 CE hours total, but she has not yet met the 12 SI-Specific CE hour minimum; she needs 4 more for her recertification application.

3) Since her last recertification, Tanya has taken a three day SI-Specific class through an IASI-recognized school that met for 20 hours, and she has published an article in the IASI Yearbook. On her recertification application she will be able to list 20 SI-Specific CE hours for her class and 8 SI-Specific CE hours for her publication. She has met the minimum 12 SI-Specific CE hours, as well as the required 24 CE hours total.