



**Louisiana Board of  
Massage Therapy**

<https://www.labmt.org/law>

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**Structural Integration is not mentioned specifically as included under the practice of massage therapy, but it is also not mentioned as an exemption. The definition of massage is very broad and states that the term bodywork is the equivalent of massage. Therefore, it could be assumed a massage license is required to practice Structural Integration in the state of Louisiana.**

**Definition**

[https://www.labmt.org/uploads/Practice\\_Act\\_01\\_16\\_2013.pdf](https://www.labmt.org/uploads/Practice_Act_01_16_2013.pdf)

**§3552. Definitions**

(10) "Practice of massage therapy" means the manipulation of soft tissue for the purpose of maintaining good health and establishing and maintaining good physical condition. The practice of massage therapy shall include advertising or offering to engage in the practice of massage therapy and holding oneself out or designating oneself to the public as a massage therapist or massage establishment. The practice of massage therapy shall include effleurage (stroking), petrissage (kneading), tapotement (percussion), compression, vibration, friction (active/passive range of motion), stretching activities as they pertain to massage therapy, Shiatsu, acupressure, reflexology, and Swedish massage either by hand, forearm, elbow, foot, or with mechanical appliances for the purpose of body massage. Massage therapy may include the use of lubricants such as salts, powders, liquids, creams with the exception of prescriptive or medicinal creams, heat lamps, hot and cold stones, whirlpool, hot and cold packs, salt glow, body wraps, or steam cabinet baths. It shall not include electrotherapy, laser therapy, microwave, colonic therapy, injection therapy, or manipulation of the joints. Equivalent terms for massage therapy are massage, therapeutic massage, massage technology, body work, or any derivation of those terms. As used in this Chapter, the terms "therapy" and "therapeutic" shall not include diagnosis, the treatment of illness or disease, or any service or procedure for which a license to practice medicine, chiropractic, physical therapy, or podiatry is required by law.

**Rules:** <https://www.labmt.org/uploads/Title46ProfessionalandOccupationalStandardsPartXLIV.MassageTherapistsJuly2013.pdf>

**Board Meetings, Agendas, & Minutes**

<https://www.labmt.org/site314.php>