

Certification Board for Structural IntegrationSM

Exam Study Guide



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*Use the **self assessment* guide** to determine your knowledge, strengths and weaknesses at the end of each skill description and sample question to know how much study you need. Refer to the book and article suggestions for resources (Comprehensive resources and category specific Literature Recommendations) and also to the resources from your own training in this category. Study more for the sections that you rate more challenging.

Comprehensive Reading and Web Based Resources

<p>The Suggested Books*** in this list are comprehensive resources. Each book discusses at least four of the five total testing categories.</p>	<p>Smith, John. (2005). <i>Structural Bodywork</i>.</p> <p>Sise, Betsy. (2005). <i>The Rolfing Experience - Integration in the Gravity Field</i>.</p> <p>Rolf, Ida. (1989). <i>Rolfing- Reestablishing the Natural Alignment and Structural Integration of the Human Body for Vitality and Well Being (3rd ed.)</i>.</p> <p>Maupin, Edward. (2005). <i>A Dynamic Relation to Gravity: Volume 1 & 2</i></p> <p>Heller, Joseph. Hanson, Jan. <i>The Hellerwork Client Handbook</i> available at: http://www.hellerwork.com/archives/000787.html</p>
<p>Suggested Articles*** IASI Yearbook 2004, 2005, 2006, 2007, 2008, 2009.</p>	<p>Schumaker, Kirstin. Editor, <u>International Association of Structural Integration Yearbook</u>. Each category in the Study Guide includes suggested articles for that topic.</p>
<p>Additional Reference Resources</p> <p>Internet Based Resources</p> <p>These are additional resources for finding specific books and articles you might wish to supplement your study on specific subjects or categories.</p>	<p>The Ida P. Rolf Library at rolfinglibrary.com.br. This is Pedro Prados extensive listing of published articles on Structural Integration. You can browse the articles and download them by subscribing to the site and creating a pass word, which is free and open to anyone.</p> <p>Somatics.de – Robert Schleip’s large web site of articles on Structural Integration. Some are listed below in the articles list but there are many, many more on his web site. All articles are readable and downloadable.</p> <p>InsideSI.com – Michael Kastris’ multi-faceted and large web site of interviews with Structural Integration practitioners and links to other resources on SI.</p> <p>The web sites of the different SI training programs all have essays on their approach and on SI in general. Most of these also have resource lists. Links to these web sites are available through: www.theiasi.org.</p> <p>SI Books and IASI Yearbooks are available http://www.theiasi.org/marketplace.php?page=multimedia</p>

<p>Certification Exam for Structural IntegrationSM Study Guide</p> <p>Client Relations is 10% of exam content</p>	<p align="center">Client Relations Section:</p> <ul style="list-style-type: none"> ✦ <i>Knowledge base and self assessment *guide</i> ✦ <i>Sample Question</i> ✦ <i>Literature Recommendations</i>

Certification Exam for Structural Integration	Client Relations Study Guide
Knowledge base and self assessment* guide	
<p>Client Relations <i>Skill Description</i> <i>1 of 1 skill</i></p> <p>Creating a safe and respectful relationship through which effective Structural Integration can occur.</p>	<ul style="list-style-type: none"> Techniques for establishing rapport (e.g., attentive listening, compassionate contact, receptivity/ leadership) Dynamics of the client/practitioner relationship (e.g., transference, projection, power differential, boundaries) Techniques for addressing concerns about the process Indications of autonomic activation
self assessment:	<i>Well Understood 1 2 3 4 5 Challenging</i>

Certification Exam for Structural Integration	<p style="text-align: center;">Client Relations Study Guide</p> <p style="text-align: center;">Sample Question</p>
<p>Client Relations Sample Question</p>	<p>While a client is relating their history you remember a trauma from your past and become distracted. The best way to respond to this situation is to:</p> <ul style="list-style-type: none"> a. bring yourself to the present moment and continue to listen. b. relate your story and tell how you overcame it. c. excuse yourself from the room until you can be more present. d. ask your client to be silent until you clear your mind. <p><i>The best approach is the one in which the practitioner stays in a therapeutic role and facilitates the client's process, therefore (a) is the best answer.</i></p>
<p>self assessment: <i>Well Understood</i> 1 2 3 4 5 <i>Challenging</i></p>	

Certification Exam for Structural Integration	<p style="text-align: center;">Client Relations Study Guide</p> <p style="text-align: center;">Literature Recommendations</p>
<p>Client Relations Resources for Study</p> <p><i>Book Suggestions</i></p>	<p>Levine, Peter. (1997). <i>Waking the Tiger</i>.</p> <p>Benjamin, Ben, Sohnen-Moe, Cherie. (2003). <i>The Ethics of Touch</i>.</p> <p>McIntosh, Nina. (2005) <i>The Educated Heart</i>.</p>
<p><i>Article Suggestions</i> from the IASI Yearbook</p>	<p>Earls, James. 2009. DAISE Model, <i>2009 Yearbook of Structural Integration</i>.</p> <p>French, Nicholas. 2007. On the Need for a Coherent Psychological Perspective for Structural Integration, <i>2007 Yearbook of Structural Integration</i>.</p> <p>Gauthier, Scott. 2007, Tag, You're It, <i>2007 Yearbook of Structural Integration</i>.</p>

<p>Certification Exam for Structural IntegrationSM Study Guide</p> <p style="text-align: center;">Assessment is 25% of exam content</p>	<p style="text-align: center;">Assessment Section:</p> <ul style="list-style-type: none"> ✦ <i>Knowledge base and self assessment*guide</i> ✦ <i>Sample Question</i> ✦ <i>Literature Recommendations</i>

Certification Exam for Structural Integration	Assessment Study Guide
Knowledge base and self assessment* guide	
<p>Assessment <i>Skill Description</i> <i>1 of 5 skills</i></p> <p>Interviewing the client in order to obtain an understanding of the client's goals, resources and other pertinent information.</p>	<ul style="list-style-type: none"> Interviewing techniques Pathologies, injuries and medications Contraindications Client and practitioner 's resources for structural integration work. Realistic structural integration outcomes.
self assessment:	<i>Well Understood 1 2 3 4 5 Challenging</i>

Certification Exam for Structural Integration	Assessment Study Guide Knowledge base and self assessment* guide						
<p>Assessment <i>Skill Description</i> <i>2 of 5 skills</i></p> <p>Evaluating Structure through the observation of:</p>	<ul style="list-style-type: none"> • Balance, symmetry, alignment of segments • Tissue quality • The line • Adaptability • Flexibility • Vitality <p>Examples Include:</p> <ul style="list-style-type: none"> • Geometric relationships • Relationship to gravity • Anatomy, physiology and kinesiology • Structural models (tensegrity, double cylinders, blocks, living matrix) • Connective tissue matrix 						
<p>self assessment: <i>Well Understood</i> 1 2 3 4 5 <i>Challenging</i></p>							
<p>Assessment <i>Skill Description</i> <i>3 of 5 skills</i></p> <p>Evaluating structure by palpation of tissues for:</p>	<ul style="list-style-type: none"> • Differentiation of layers • Flexibility, lesions and inhibitions • Ligament quality • Bone position • Elasticity • Response to touch • Temperature gradient • Tonus • Passive range of motion, mobility, and motility. <p>Examples Include:</p> <ul style="list-style-type: none"> • Contraindications • Tissue characteristics • Palpation techniques • Palpatory anatomy • Passive Range of Motion • Myofascial length tests. 						
<p>self assessment: <i>Well Understood</i> 1 2 3 4 5 <i>Challenging</i></p>							

Certification Exam for Structural Integration	Assessment Study Guide Knowledge base and self assessment* guide	
<p>Assessment <i>Skill Description</i> <i>4 of 5 skills</i></p> <p>Evaluating Movement by visual observation of:</p>	<ul style="list-style-type: none"> • Gait, planes of motion, coordination and orientation • Active range of motion, balance between expansion and contraction, efficiency • Intrinsic / extrinsic balance, breath, and dynamic line. <p>Examples include:</p> <ul style="list-style-type: none"> • Pathologies, injuries. • Geometric relationships. Relationship to gravity. • Anatomy, physiology and kinesiology. • Structural models (tensegrity, double cylinder, blocks, living matrix) • Dynamic analysis of the adaptability and potential of the connective tissue matrix (e.g. expansional balance, pendulum motions, curved linear motions and core/sleeve). • Active range of motion. • Respiratory dynamics. 	
<p>self assessment:</p>	<p><i>Well Understood 1 2 3 4 5 Challenging</i></p>	
<p>Assessment <i>Skill Description</i> <i>5 of 5 skills</i></p> <p>Evaluating Somatic Awareness and Emotional Expression by visual observation and dialog.</p>	<p>Examples include:</p> <ul style="list-style-type: none"> • Indicators of autonomic activation • Energetic qualities • Expression of emotion in the soma • Structural and functional indicators of physical dissociation • Dialog techniques 	
<p>self assessment:</p>	<p><i>Well Understood 1 2 3 4 5 Challenging</i></p>	

Certification Exam for Structural Integration	<p style="text-align: center;">Assessment Study Guide</p> <p style="text-align: center;">Sample Question</p>
<p>Assessment Sample Question</p>	<p>1. In your visual assessment of a client you observe that the client's rib cage is shifted anterior to the pelvis, the lower ribs do not expand on inhale and the elbows are posterior to the hip joints. Based on this observation, you should conclude that the primary source of dysfunction in the body is in the:</p> <p>a. horizontal fascial surfaces. b. anterior myofascia. c. posterior myofascia. d. glenohumeral joints.</p> <p><i>Shortening in the posterior myofascia will create anterior shift of the rib cage and also contribute to extended arms and lack of movement in the rib cage. Therefore (c) is the best answer.</i></p>
<p>self assessment: <i>Well Understood</i> 1 2 3 4 5 <i>Challenging</i></p>	

Certification Exam for Structural Integration	<p style="text-align: center;">Assessment Study Guide</p> <p style="text-align: center;">Literature Recommendations</p>
<p>Assessment Resources for Study</p> <p><i>Book Suggestions</i></p>	<p>Myers, Thomas. (2009). <i>Anatomy Trains: Myofascial Meridians for Manual and Movement Therapists (2nd ed.)</i>.</p> <p>Schultz, R. Louis, Feitis, Rosemary. (1998). <i>The Endless Web, Fascial Anatomy and Physical Reality</i>.</p>
<p>Article Suggestions from the IASI Yearbook and internet sources.</p>	<p>Schleip, Robert. 2003. Fascial Plasticity – A New Neurobiological Explanation (Parts I & II), <i>2004 Yearbook of Structural Integration</i>. OR Retrieved May 25, 2009. http://www.somatics.de/FascialPlasticity/main.htm</p> <p>Flury, Hans. Grounding Structural Concepts in Physical Reality, <i>2004 Yearbook of Structural Integration</i></p> <p>Schleip, Robert. 2008. To Deep Bodywork, Why You Wouldn't Want to go Digging Somewhere (8th ed). Retrieved May 25, 2009. http://www.somatics.de/Contraind.html</p>

Certification Exam for Structural Integration SM Study Guide Strategy is 20% of exam content	Strategy Section: ✦ <i>Knowledge base and self assessment*guide</i> ✦ <i>Sample Question</i> ✦ <i>Literature Recommendations</i>

Certification Exam for Structural Integration	Strategy Study Guide Knowledge base and self assessment*guide
Strategy <i>Skill Description</i> 1 of 1 skill Integrating assessment information into a strategy for a session or series of Structural Integration	Examples include: <ul style="list-style-type: none"> The Rolf 10- session series (including goals for each session) Variations on the Rolf 10 session series (e.g. Hellerwork, KMI, etc). Principles and fundamentals of structural integration as they pertain to the formulation of a session or series of sessions (e.g. balance, support, connectivity). Session modifications.
self - assessment:	<i>Well Understood 1 2 3 4 5 Challenging</i>

Certification Exam for Structural Integration	<p style="text-align: center;">Strategy Study Guide</p> <p style="text-align: center;">Sample Question</p>
<p>Strategy Sample Question</p>	<p>A new client has been diagnosed with scoliosis. In looking ahead to your series of work with this client, you should plan to:</p> <ul style="list-style-type: none"> a. suggest they obtain orthotics. b. work differently on the left and right sides of the body. c. have a conversation with them about their adolescence. d. do minimal movement work until the core has been released. <p><i>Scoliosis creates rotational patterns that are different on the left and right sides of the body. Therefore, the work needs to address the varying shortness and restrictions of the myofascia and (b) is the best answer.</i></p>
<p>self - assessment: <i>Well Understood</i> 1 2 3 4 5 <i>Challenging</i></p>	

Certification Exam for Structural Integration	Strategy Literature Recommendations
Strategy Resources for Study <i>Book Suggestions</i>	<p>Myers, Thomas. (2009). <i>Anatomy Trains: Myofascial Meridians for Manual and Movement Therapists (2nd ed.)</i>.</p> <p>Schultz, R. Louis, Feitis, Rosemary. (1989). <i>The Endless Web, Fascial Anatomy and Physical Reality</i>.</p>
Article Suggestions from the IASI Yearbook	<p>Caspari, Monica, 2005, The Functional Rationale of the Recipe. <i>2005 Yearbook of Structural Integration</i>.</p> <p>Davis, David. 2005, An Open Universe: An In-Depth Look at Ida Rolf's Structural Integration. <i>2005 Yearbook of Structural Integration</i>.</p> <p>Myers, Thomas. 2004. Developments in Ida Rolf's Recipe. <i>2004 Yearbook of Structural Integration</i>.</p> <p>Weidhaas, Deborah. 2006. Distinctions in Structural Integration. <i>2006 Yearbook of Structural Integration</i>.</p>

<p>Certification Extra for Structural IntegrationSM Study Guide</p> <p>The Work is 40% of exam content</p>	<p align="center">The Work Section:</p> <ul style="list-style-type: none"> ✦ <i>Knowledge base and self assessment* guide</i> ✦ <i>Sample Question</i> ✦ <i>Literature Recommendations</i>

<p>Certification Exam for Structural Integration</p>	<p align="center">The Work Study Guide</p> <p align="center">Knowledge base and self assessment*guide</p>
<p>The Work <i>Skill Description</i> <i>1st of 7 Skills</i></p> <p>Positioning the client for optimal effectiveness of the Structural Integration work while attending to and maintaining optimal and efficient practitioner body mechanics and mindfulness.</p>	<p>Examples include:</p> <ul style="list-style-type: none"> • Optimal positions for the Structural Work • Indicators of autonomic activation. • Geometric relationships. • Dynamic analysis of the adaptability and potential of connective tissue (e.g., expansional balance, pendulum motions, curved linear motions, core/sleeve). • Respiratory Dynamics. • Dialogue techniques. • Physical Endangerment areas. • Quality, depth, direction and duration of mobilization. • The continuum of tissue responsiveness.
<p>self assessment:</p>	<p align="center"><i>Well Understood</i> 1 2 3 4 5 <i>Challenging</i></p>

Certification Exam for Structural Integration	The Work Study Guide Knowledge base and self assessment*guide
<p>The Work <i>Skill Description</i> <i>2nd of 7 Skills</i></p> <p>Contacting and mobilizing the connective tissue matrix.</p>	<p>Examples include:</p> <ul style="list-style-type: none"> • Dynamics of the client/practitioner relationship (e.g., transference, projection, power differential, boundaries) • Indicators of autonomic activation • Pathologies, injuries and medications • Tissue characteristics • Anatomy, physiology and kinesiology • Energetics • Structural models (e.g., tensegrity, double cylinder, living matrix) • Connective tissue matrix • Palpation techniques • Palpatory anatomy • Passive range of motion tests • Myofascial length tests • Dynamic analysis of the adaptability and potential of the connective tissue matrix (e.g., expansional balance, pendulum motions, curved linear motions, core/sleeve) • Active range of motion tests • Respiratory dynamics • Dialogue techniques • Optimal positions • Physical endangerment areas • Quality, quantity, depth, direction and duration of Mobilization • The continuum of tissue responsiveness • Cues to facilitate embodiment, receptivity and feedback • Universal precautions • Hygiene and sanitation • Limitations (personal and professional)
<p>self assessment:</p>	<p><i>Well Understood</i> 1 2 3 4 5 <i>Challenging</i></p>

Certification Exam for Structural Integration	The Work Study Guide Knowledge base and self assessment*guide	
<p>The Work <i>Skill Description</i> <i>3rd of 7 Skills</i></p> <p>Educating the client on how to receive touch and provide feedback.</p>	<ul style="list-style-type: none"> • Techniques for establishing rapport (e.g., attentive listening, compassionate contact, receptivity/ leadership) • Dynamics of the client/practitioner relationship (e.g., transference, projection, power differential, boundaries) • Techniques for addressing concerns about the Process • Indicators of autonomic activation • Client and practitioner’s resources for structural integration work • Tissue characteristics • Anatomy, physiology and kinesiology • The continuum of tissue responsiveness • Cues to facilitate embodiment, receptivity and feedback • Mirroring techniques 	
<p>self assessment:</p>	<p><i>Well Understood 1 2 3 4 5 Challenging</i></p>	
<p>The Work <i>Skill Description</i> <i>4th of 7 Skills</i></p> <p>Setting baselines with the client for making before and after comparisons and contrasts.</p>	<ul style="list-style-type: none"> • Geometric relationships • Tissue characteristics • Energetic Qualities • Anatomy, physiology and kinesiology • Passive range of motion • Myofascial length • Dynamic analysis of the adaptability and potential of the connective tissue matrix (e.g., expansional balance, pendulum motions, curved linear motions, core sleeve) • Active range of motion tests • Expression of emotion in the soma • Dialogue techniques • Cues to facilitate embodiment, receptivity and feedback 	
<p>self assessment:</p>	<p><i>Well Understood 1 2 3 4 5 Challenging</i></p>	

Certification Exam for Structural Integration	The Work Study Guide Knowledge base and self assessment*guide
<p>The Work <i>Skill Description</i> <i>5th of 7 Skills</i></p> <p>Demonstrating and teaching new possibilities for efficient and optimal movement.</p>	<ul style="list-style-type: none"> • Techniques for establishing rapport (e.g., attentive listening, compassionate contact, receptivity/leadership) • Dynamics of the client/practitioner relationship (e.g., transference, projection, power differential, boundaries) • Techniques for addressing concerns about the process • Autonomic indicators • Gravity • Anatomy, physiology and kinesiology • Dynamic analysis of the adaptability and potential of the connective tissue matrix (e.g., expansional balance, pendulum motions, curved linear motions, core sleeve) • Movement models • Expansional balance • Dynamic core stabilization • Tracking techniques
self assessment:	<i>Well Understood 1 2 3 4 5 Challenging</i>

Certification Exam for Structural Integration	The Work Study Guide Knowledge base and self assessment*guide
<p>The Work Skill Description <i>6th of 7 Skills</i></p> <p>Engaging in dialogue (verbal interaction) in order to increase awareness, process trauma, monitor feelings, etc.</p>	<ul style="list-style-type: none"> • Techniques for establishing rapport (e.g., attentive listening, compassionate contact, receptivity/leadership) • Dynamics of the client/practitioner relationship (e.g., transference, projection, power differential, boundaries) • Techniques for addressing concerns about the process • Indications of autonomic activation • Interviewing techniques • Pathologies, injuries and medications • Contraindications • Client and practitioner's resources for Structural Integration work • Realistic structural integration outcomes • Expression of emotion in the soma • Structural and functional indicators of physical dissociation • Dialogue techniques
self assessment:	<i>Well Understood 1 2 3 4 5 Challenging</i>

Certification Exam for Structural Integration	The Work Study Guide Knowledge base and self assessment*guide
<p>The Work <i>Skill Description</i> <i>7th of 7 Skills</i></p> <p>Monitoring the effectiveness of the work and making revisions as necessary.</p>	<ul style="list-style-type: none"> • Techniques for establishing rapport (e.g., attentive listening, compassionate contact/receptivity/leadership) • Dynamics of the client/practitioner relationship (e.g., transference, projection, power differential, boundaries) • Techniques for addressing concerns about the process • Indicators of autonomic activation • Interviewing techniques • Pathologies, injuries and medications • Contraindications • Client and practitioner's resources for structural integration work • Realistic structural integration outcomes <ul style="list-style-type: none"> • The Line • Geometric relationships • Tissue characteristics • Energetic qualities • Relationship to Gravity • Anatomy, physiology and kinesiology • Structural models (e.g., tensegrity, double cylinder, blocks living matrix, etc) • Connective tissue matrix • Palpation techniques • Palpatory anatomy • Passive range of motion • Myofascial length • Dynamic analysis of the adaptability and potential of the connective tissue matrix (e.g., expansional balance, pendulum motions, curved linear motions, core sleeve) • Active range of motion tests • Respiratory dynamics • Expression of emotion in the soma • Structural and functional indicators of physical dissociation • Dialogue techniques • The 10-session series (including the goals of each session). • Variations on the 10-session series
self assessment:	<i>Well Understood</i> 1 2 3 4 5 <i>Challenging</i>

Certification Exam for Structural Integration	The Work Study Guide Sample Questions
<p>The Work Sample Question (1 of 2)</p>	<p>The primary goal of finishing a session with neck work is to:</p> <ul style="list-style-type: none"> a. integrate movement between the head and the rest of the body. b. create a balanced relationship between the sternocleidomastoid and trapezius. c. release any residual trigger points. d. assist the client in becoming alert. <p><i>The primary purpose of finishing work is to integrate the work of the session with the rest of the body. Therefore (a) is the best answer. Finishing work also balances muscles, helps the client transition from the session to what is next, and can release trigger points, but the primary purpose is integration.</i></p>
<p>self assessment: Well Understood 1 2 3 4 5 Challenging</p>	
<p>The Work Sample Question (2 of 2)</p>	<p>2. In the classic Rolfing 10-Series, the 4th hour:</p> <ul style="list-style-type: none"> a. helps create support for the core. b. grounds the process of the 3rd hour c. is more important for woman than men d. can be difficult for persons with neck pain <p><i>The 4th hour in the classic Rolfing 10-Series is the first of the core sessions and its purpose is to create support for the core. Therefore a is the best answer. While this session does provide grounding, it is not just related to the 3rd hour.</i></p> <p><i>Please note that many questions in this section refer to the classic Rolfing 10-Series, because it is the format that is the foundation for our work, even though other schools have a different formula of sessions. It is helpful for exam candidates to know the primary goals of the classic Rolfing 10-Series and how the series they were trained in related to that. An outline of the Series approach of different traditions is a part of this study guide.</i></p>
<p>self assessment: Well Understood 1 2 3 4 5 Challenging</p>	

Certification Exam for Structural Integration	<p style="text-align: center;">The Work</p> <p style="text-align: center;">Literature Recommendations</p>
<p>The Work Resources for Study</p> <p><i>Book Suggestions</i></p>	<p>Myers, Thomas. (2009). <i>Anatomy Trains: Myofascial Meridians for Manual and Movement Therapists, (2nd ed.)</i>.</p> <p>Schultz, R. Louis, Feitis, Rosemary. (1998). <i>The Endless Web, Fascial Anatomy and Physical Reality</i>.</p>
<p><i>Article Suggestions from the IASI Yearbook</i></p>	<p>Grassman, Herbert and Pohlenz, Michel, Christina. 2007. Access to the Present Moment: TraumaSomatics®, the Reorganization of the Somatic Memory System. <i>2007 Yearbook of Structural Integration</i></p> <p>Prado, Pedro. 2008. Advances in the Theory and Practice of Rolfing, <i>2009 Yearbook of Structural Integration</i></p> <p>Rolf, Ida P.. Postural Release: An Exploration in Structural Dynamics, <i>2009 Yearbook of Structural Integration</i></p>

Ethics and Professional Issues Section

pages 21 - 24

<p>Certification Exam for Structural IntegrationSM Study Guide</p> <p style="text-align: center;">Ethics and Professional Issues</p> <p style="text-align: center;">is 5% of exam content</p>	<p style="text-align: center;">Ethics and Professional Issues Section:</p> <ul style="list-style-type: none"> ✦ <i>Knowledge base and self assessment*guide</i> ✦ <i>Sample Question</i> ✦ <i>Literature Recommendations</i>

<p>Certification Exam for Structural Integration</p>	<p style="text-align: center;">Ethics and Professional Issues Study Guide</p> <p style="text-align: center;">Knowledge base and self assessment* guide</p>
<p>Ethics and PI <i>Skill Description</i> <i>1 of 3 skills</i></p> <p>Conducting a professional Structural Integration practice in a manner consistent with the best interests of the client and applicable codes of ethics and professional standards</p>	<ul style="list-style-type: none"> • Dynamics of the client/practitioner relationship (e.g., transference, projection, power differential, boundaries) • IASI Code of Ethics and Standards of Practice
self assessment:	<i>Well Understood</i> 1 2 3 4 5 <i>Challenging</i>

Certification Exam for Structural Integration	Ethics and Professional Issues Study Guide Knowledge base and self assessment* guide
<p>Ethics and PI <i>Skill Description</i> <i>2 of 3 skills</i></p> <p>Maintaining a clean and safe work environment</p>	<ul style="list-style-type: none"> • Universal precautions • Hygiene and sanitation
<p>self assessment: <i>Well Understood 1 2 3 4 5 Challenging</i></p>	
<p>Ethics and Professional Issues <i>Skill Description</i> <i>3 of 3 skills</i></p> <p>Collaborating with other professionals and make referrals that serve the best interests of the client.</p>	<ul style="list-style-type: none"> • Client and practitioner’s resources for Structural Integration work • Practitioner’s personal and professional limitations. • Community resources
<p>self assessment: <i>Well Understood 1 2 3 4 5 Challenging</i></p>	

Certification Exam for Structural Integration	Ethics and Professional Issues Sample Question
Ethics and Professional Issues Sample Question	<p>After 5 Structural Integration sessions with a client with thoracic outlet syndrome, you happen to meet the doctor who referred the client at the grocery store. The doctor asks how the client is doing. The most appropriate response would be to tell the doctor:</p> <ol style="list-style-type: none"> why Structural Integration is an effective means for resolving thoracic outlet syndrome. to refer to the initial evaluation that you sent. how the client is doing and that you are half way through your work with the client. that you appreciate the referral and welcome the doctor to call you to discuss this case. <p><i>Relating information about a client such as diagnosis or treatment in a public setting violates the practitioner's duty to protect client confidentiality. Answer (d) is a professional way to acknowledge the referral without disclosing confidential information and is, therefore, the best answer.</i></p>
self assessment: <i>Well Understood</i> 1 2 3 4 5 <i>Challenging</i>	

<p>Certification Exam for Structural Integration</p>	<p>Ethics and Professional Issues</p> <p>Literature Recommendations</p>
<p>Ethics and Professional Issues Resources for Study</p> <p><i>Book Suggestions</i></p>	<p>Benjamin, Ben, Sohnen-Moe, Cherie. (2003). <i>The Ethics of Touch</i>.</p> <p>McIntosh, Nina. (2005). <i>The Educated Heart</i>.</p>
<p>Article Suggestions from the IASI Yearbook and other source as indicated.</p>	<p>Alonzi, Bob. Creating Boundaries and a Margin of Safety for You and Your Clients, <i>Journal for Structural Integration</i> 12-2006 Vol. 34 issue#4</p> <p>Delaney, David. Ethics, <i>Journal for Structural Integration</i> 06-2003 Vol.31 issue #2</p> <p>IASI Code of Ethics and Standards of Practice - located with this study guide.</p> <p>Keen, Lael. 2006. <i>The Ethics of Touch, 2006 Yearbook of Structural Integration</i>.</p> <p>Kertay, Les. <i>Ethical Behavior</i>: audio tape, Rolf Institute Publications.rolf.org</p>