



STATE OF MAINE

Professional & Financial Regulation



Maine

<http://www.maine.gov/pfr/professionallicensing/professions/massage/index.html>

Contact Information

Massage Therapy Licensure
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Rolfing® is specifically mentioned as an exemption.

Law and Regulation

<http://www.maine.gov/pfr/professionallicensing/professions/massage/laws.html>

Definitions

<http://www.mainelegislature.org/legis/statutes/32/title32sec14301.html>

§14301. Definitions

4. Massage therapy. "Massage therapy" means a scientific or skillful manipulation of soft tissue for therapeutic or remedial purposes, specifically for improving muscle tone and circulation and promoting health and physical well-being. The term includes, but is not limited to, manual and mechanical procedures for the purpose of treating soft tissue only, the use of supplementary aids such as rubbing alcohol, liniments, oils, antiseptics, powders, herbal preparations, creams or lotions, procedures such as oil rubs, salt glows and hot or cold packs or other similar procedures or preparations commonly used in this practice. This term specifically excludes manipulation of the spine or articulations and excludes sexual contact as defined in Title 17-A, section 251, subsection 1, paragraph D.

Exemptions

<http://www.mainelegislature.org/legis/statutes/32/title32sec14307.html>

§14307. Exemptions to registration or certification

2. Other exemptions. This chapter does not apply to the activities and services of individuals who practice other forms of tissue work exclusive of massage therapy, such as rolfing, Trager, reflexology, Shiatsu, Reiki and polarity, if those practitioners do not use the title "massage therapist" or "massage practitioner," unless they choose to meet the requirements of this chapter.

Massage Therapy is a program and does not have a specific board.